



UKRO Challenge 2024

ASSESSOR/VOLUNTEER SAFETY BRIEF – Rope

- All assessors and volunteers taking part in the UKRO Challenge must be fit and report any injuries or reason why they should not take part to the Discipline Lead at any stage.
- Remember to maintain your fluid levels and if you require a break at any time to request this. A supply of water will be made available throughout the event.
- Lifting and manual handling must be carried out in accordance with how you have been trained. If you require assistance, ask.
- To work at height, or to assist within the scenario, you must be competent to work at height.
- You must have sight of, and be familiar with, the site-specific risk assessment applicable to your activity. All identified control measures must be in place.
- The pre-scenario checklist must be carried out prior to each rotation.
- As you carry out your role, if you see a hazard, or an evolving hazard, please deal with these, or if you cannot, report it to a Challenge official or the Rope Rescue Lead.
- Appropriate levels of PPE must be worn at all times. This includes protective measures to prevent falls and helmets. It is the wearer's responsibility to ensure the PPE they are wearing is in good order.
- Where carrying out practical tasks, all jewellery must be removed that is not covered by PPE, or it must be taped up.
- Any injury must be reported to a Challenge official who will take the appropriate actions regarding first aid and welfare.
- If an injury is reported to you, please deal with it and report it to the Rope Rescue Lead, who will report it to UKRO Command (they will ensure HIW FRS Command is informed). First aid equipment is available.
- Whilst working within a scenario situation the term 'for real' is to be used to identify a genuine situation should you or any competitor or casualty need to draw attention to a real situation.
- Please consider hand hygiene.
- If evacuation is required during any point of the challenge the evacuation signal will be sounded. Challenge officials will coordinate the evacuation.
- Any questions/concerns are to be brought to the attention of UKRO Health and Safety Lead/UKRO Rope Rescue lead.