

Team Name	Extrication Workshop		Trauma Day 1		Trauma Day 2	
Avon	Friday	07:30	Friday		Saturday	
Cornwall	Saturday	10:40	Friday	15:00	Saturday	13:20
Derbyshire	Friday	08:50	Friday	10:40	Saturday	14:00
Derbyshire B			Friday	11:00	Saturday	14:20
Durham	Friday	10:30	Saturday		Sunday	
East Sussex	Saturday	10:40	Friday	15:40	Saturday	12:40
Essex	Friday	10:30	Friday		Saturday	
Extrca 78			Friday	09:40	Saturday	09:00
Greater Manchester	Saturday	09:20	Friday	14:10	Saturday	12:00
Hampshire & Isle of Wight	Saturday	08:00	Friday	11:50	Saturday	10:00
Hereford & Worcester	Friday	08:50	Friday		Saturday	
Humberstone	Saturday	09:20	Friday	16:00	Saturday	11:40
Lincolnshire	Friday	13:50	Friday	10:20	Saturday	15:00
London	Saturday	08:00	Friday	11:20	Saturday	14:40
Tyne & Wear	Friday	08:50	Friday		Saturday	
Merseyside			Friday	09:20	Saturday	10:40
Northumberland	Saturday	10:40	Friday	14:40	Saturday	13:00
North Wales	Friday	07:30	Friday		Saturday	
Oxfordshire	Friday	08:50	Friday		Saturday	
Huntley	Friday	15:30	Friday	12:20	Saturday	09:20
Stranraer	Friday	15:30	Friday	13:40	Saturday	08:40
Ayr	Friday	15:30	Friday	10:00	Saturday	09:40
Shropshire	Saturday	08:00	Friday	16:20	Saturday	10:20
South Wales - Bridge End	Saturday	10:40				
South Wales - Dragons	Friday	13:50				
South Wales - Trauma A			Friday	09:00	Saturday	15:40
South Wales - Trauma B			Friday	15:20	Saturday	12:20
South Yorkshire	Saturday	09:20	Friday	13:00	Saturday	08:00
South Yorkshire B			Friday	13:20	Saturday	11:00
South Yorkshire C			Friday	12:40	Saturday	11:20
Staffordshire	Saturday	09:20	Friday		Saturday	
Suffolk	Saturday	08:00	Friday		Saturday	
Surrey	Friday	15:30	Friday	14:00	Saturday	08:20
West Midlands A	Friday	10:30	Friday	08:20	Saturday	13:40
West Midlands B	Friday	10:30	Friday	08:40	Saturday	15:20

Extrication Day 1		Extrication Day 2		HGV Challenge/Workshop	
Friday	14:00	Saturday	09:20	Saturday	12:40
Friday	11:00	Saturday	08:00	Friday	09:10
Friday	15:00	Saturday	10:00	Saturday	08:00
Friday	13:00	Saturday	09:00	Friday	15:00
Friday	12:00	Saturday	08:20	Saturday	13:50
Friday	12:30	Saturday	08:40	Saturday	11:30
Friday	10:30	Saturday	13:20	Friday	16:10
Friday	09:30	Saturday	12:40	Friday	13:50
Friday	14:30	Saturday	09:40	Friday	12:40
Friday	13:30	Saturday	13:00	Friday	10:20
Friday	15:30	Saturday	10:40	Saturday	09:10
Friday	09:00	Saturday	12:20	Saturday	10:20
Friday	15:00	Saturday	10:00	Saturday	12:40
Friday	11:00	Saturday	08:00	Friday	09:10
Friday	14:00	Saturday	09:20	Saturday	08:00
Friday	14:30	Saturday	09:40	Friday	12:40
Friday	08:00	Saturday	10:40	Friday	10:20
Friday	08:30	Saturday	11:20	Friday	11:30
Friday	09:30	Saturday	12:40	Friday	13:50
Friday	12:00	Saturday	08:20	Saturday	13:50
Friday	15:30	Saturday	10:40	Saturday	09:10
Friday	10:30	Saturday	13:20	Friday	16:10
Friday	13:30	Saturday	13:00	Friday	08:00
Friday	09:00	Saturday	12:20	Saturday	15:00
Friday	08:30	Saturday	11:20	Friday	11:30
Friday	12:30	Saturday	08:40	Saturday	11:30
Friday	13:00	Saturday	09:00	Friday	15:00

